

# Meals on Wheels of Elbow

Harbor Golf is proud to be offering meals on wheels this fall and winter in the town of Elbow.

We will offer the service the evenings of Wednesday, Thursday and Friday. Delivery will be between 5:00pm and 5:30pm. All meals will be set at \$14.00 per meal (taxes included in price). See below for the provisional rotational menu.

Pick up option is available for \$2 off per meal.

- Roast beef, mashed potatoes, gravy, buttered carrots, apple pie
- Chicken Teriyaki with rice, vegetables, fortune cookie
- Spaghetti and meatballs, garlic toast, chocolate brownie
- Chicken Stroganoff, buttered noodles, vegetables, pecan tart
- Fettuccine Alfredo, garlic toast, Saskatoon berry pie
- Irish Stew, mashed potatoes, side salad, italian dressing, butter tart square

